

Questionnaire for Women*

Dear Woman*,

Violence against Women* can have serious consequences for their mental health.

In this case, there are several services that offer support Berlin:

- shelters and refuge housing for women* in cases of domestic violence
- specialized counseling centers
- An evening/ night time contact point and counseling center for women*
- Psychiatric services in hospitals
- “Sozialpsychiatrische Dienste” (Social psychiatric services) and psychiatrists and psychotherapists.

The aim of this questionnaire is to identify the explicit wishes and needs of women* who are survivors of violence and consequently bring to light the social demands. Therefore we want to ask questions like:

- „What kind of support do women* who are survivors of violence ask for?”
- „What is missing?”

We are planning to improve the current support services in Berlin. In order to do so, we ask you - as experts due to your experience - for your opinion.

Consequences and voluntarism of the questionnaire

The survey is completely harmless and in no way incriminating for the participants. Your participation is voluntary. There is no obligation following your participation in this survey.

Information on data protection

All questionnaires remain anonymous. Of course, your information will be treated anonymously and strictly confidentially and will only be used for evaluation and research purposes. Please answer the questions and choose the answer closest to your opinion. Multiple answers are possible and additions are welcome. Providing personal details is optional.

If you participate in the survey, your information will be processed as follows: Your personal information, such as your age will be anonymized. The questionnaires are only evaluated at one central location. The measured values are stored anonymously under a numeric code in order to be able to evaluate them electronically. Only authorized project staff has access to the collected data and measurements. No information about you will be disclosed. The results, some of which are grouped together, will be published in reports, scientific publications and possibly at events concerning this issue. No connection to your person will be possible.

If you don't want to submit the questionnaire to the institution you got it from, you can also send it to: LARA - Fachstelle gegen sexualisierte Gewalt an Frauen*, Fuggerstraße 19, 10777 Berlin or to larakomplex@lara-berlin.de.

Please return the questionnaire until the 30th of June 2019, thank you.

1. Do you require psychological and social support due to the violence you experienced?

- Yes
- No

2. If you could wish for anything: What would help when you are feeling very ?

3. At which time of day or night, which part of the week and on which public holiday are you most in need of support?

- | | | |
|---|--|---|
| <input type="checkbox"/> during the week | <input type="checkbox"/> at the weekend | <input type="checkbox"/> on holidays |
| <input type="checkbox"/> in the morning / before noon
(6 a.m. – 12 p.m.) | <input type="checkbox"/> During the day
(8 a.m. – 6 p.m.) | <input type="checkbox"/> During the evening hours
(6 p.m. – 11 p.m.) |
| <input type="checkbox"/> During the night
(11 p.m. – 6 a.m.) | | |
| <input type="checkbox"/> other (please describe) | | |
-

4. If during the night, which support service is needed?

- | | | |
|---|--|--|
| <input type="checkbox"/> Telephone counseling | <input type="checkbox"/> accommodation | <input type="checkbox"/> Open space to meet |
| <input type="checkbox"/> Openly available contacts,
and counseling | <input type="checkbox"/> basic care (food, drinks, hy-
giene) | <input type="checkbox"/> medical / health advice |
| <input type="checkbox"/> other (please name) | | |
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5. What would you wish for in an evening/night support service?

- | | | |
|--|---|---|
| <input type="checkbox"/> ... that it is in the neighbor-
hood | <input type="checkbox"/> ...that it is not in the
neighborhood | <input type="checkbox"/> --It doesn't matter as long
as it's easy to get to by
public transport |
| <input type="checkbox"/> ...that I can take my chil-
dren with me | <input type="checkbox"/> ...that it is a space without
men | <input type="checkbox"/> ...that there is a program,
activities, group offers |
| <input type="checkbox"/> ...that there is childcare for
my children | <input type="checkbox"/> ...that it is an inter-cultural
project | <input type="checkbox"/> ...that the rooms are ac-
cessible by wheelchair |
| <input type="checkbox"/> other (please describe) | | |
-

6. In your opinion what are important aspects of a good and useful support in a crisis?

- | | | |
|---|---|--|
| <input type="checkbox"/> ...that I feel secure / pro-
tected | <input type="checkbox"/> ...that I don't have to pay
for it | <input type="checkbox"/> ...that I can show up spon-
taneously, without an ap-
pointment |
| <input type="checkbox"/> ...that I can use it anyo-
nously | <input type="checkbox"/> ...that I have a permanent
contact person | <input type="checkbox"/> ...that I can contact this
person directly / in person |

Sequel to question 6:

- | | | |
|---|--|--|
| <input type="checkbox"/> ...that the counseling is done by women | <input type="checkbox"/> ...that my contact person has made similar experiences | <input type="checkbox"/> ...that my contact person has a specific qualification concerning the topic |
| <input type="checkbox"/> ...that my contact person speaks my native language | <input type="checkbox"/> ...that every/ my sexual orientation is accepted (be it homo-, bi- or heterosexual) | <input type="checkbox"/> ...that every/ my gender identity is accepted |
| <input type="checkbox"/> ...that I can get in touch with other women* who are survivors of violence | <input type="checkbox"/> ...that I can have long-term support during a time of crisis | <input type="checkbox"/> ...that I am supported in finding out my further steps (perspectives on future / life planning) |
| <input type="checkbox"/> ...that I can use the support service without having to interact with anyone | <input type="checkbox"/> ...that I can come to rest | |

Please describe what you need to come out of the crisis/ come to rest:

- other (please name)

7. Is there something you would like to let us know? (e.g. what do you think is missing)

8. Personal Information

If you are willing to share some personal information, please answer the following questions.

a. How old are you?

- 18 - 27 28 - 39 40 - 54 55 - 65 over 65

b. What is your everyday language?

c. Do you have children?

- Yes
 No

d. If yes, do you live with them?

- Yes
 No

e. Which support services do you currently use? Which support services have you used in the past concerning the violence you experienced?

- | | | |
|--|--|--|
| <input type="checkbox"/> Hospital (also department of psychiatry) | <input type="checkbox"/> Doctors (also Psychiatrists) | <input type="checkbox"/> Psychotherapist |
| <input type="checkbox"/> Berliner Krisendienst / Telefonseelsorge (official telephone counseling) | <input type="checkbox"/> Crisis telephone for women | <input type="checkbox"/> Sozialpsychiatrischer Dienst |
| <input type="checkbox"/> Womens shelter | <input type="checkbox"/> Sheltered flats | <input type="checkbox"/> Counseling center for women* |
| <input type="checkbox"/> BIG-Hotline | <input type="checkbox"/> Wildwasser Frauen*NachtCafé (evening/night time contact point and counseling center for women* in crisis) | <input type="checkbox"/> LARA – Fachstelle gegen sexualisierte Gewalt an Frauen* (rape crisis and counseling center) |
| <input type="checkbox"/> Wildwasser Selbsthilfe (self-aid groups/counseling center of Wildwasser e.V.) | <input type="checkbox"/> Lesbenberatung / LesMigras (counseling service for lesbians and women* migrants) | <input type="checkbox"/> BIP – Beschwerde- und Informationsstelle Psychiatrie (complaints- and information office concerning psychiatry) |
| <input type="checkbox"/> FFGZ - Feministisches FrauenGesundheitszentrum (feminist health center for women) | <input type="checkbox"/> Assisted living in the context of psychiatric care (e.g. therapeutic shared-flats, assisted single-living) | <input type="checkbox"/> Drug/addiction counseling |
| <input type="checkbox"/> Facilities helping homeless people | <input type="checkbox"/> Assisted living for women* in the context of psychiatric care (e.g. therapeutic shared-flats, assisted single-living) | <input type="checkbox"/> Drug/addiction counseling for women* |
| <input type="checkbox"/> Facilities helping homeless women* | <input type="checkbox"/> other (please explain) | <input type="checkbox"/> Self-aid groups |
| <input type="checkbox"/> Krisenpension (lodging for people in crisis) | | <input type="checkbox"/> Self-aid groups for women* |
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Thank you for your participation!